

WELLMAN UNION CAFE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAR

MENU 2023

GEAR UP FOR CHOIR



ANNOUNCEMENTS:

White, Chocolate,
and Strawberry Milk
Served Daily

Fresh Fruit and Juice
Served Daily

* Menu is Subject to
Change

6TH Sausage
Kolache
or
Cereal Variety
Toast

7TH Morning Griddle
Sandwich
or
Breakfast Strudel
Cheese Stick

1ST Breakfast
Pizza
or
Breakfast
Parfait

8TH Sausage, Egg and
Cheese Biscuit
or
Muffin
Yogurt

2ND Early Bird
Sandwich
or
Breakfast Crackers
Yogurt

9TH Chicken -n-
Biscuit
or
Breakfast Bread
Yogurt

3RD Donut Holes
Sausage
or
Muffin
Yogurt

10TH Dutch Waffle
Sausage
or
Breakfast Round
Yogurt

13TH
**SPRING
BREAK**

14TH
**SPRING
BREAK**

15TH
**SPRING
BREAK**

16TH
**SPRING
BREAK**

17TH
**SPRING
BREAK**

20TH Breakfast
Cookie
Yogurt
or
Cereal Variety
Toast

21ST Breakfast
Burrito
Hashbrown
or
Breakfast Crackers
Cheese Stick

22ND Waffles
Sausage
or
Banana
Split

23RD Breakfast
Combo
or
Breakfast
Bread
Yogurt

24TH Donut
Sausage
or
Muffin
Yogurt

27TH Breakfast
Pizza
or
Cereal Variety
Toast

28TH French Toast
Sausage
or
Breakfast Crackers
Cheese Cubes

29TH Sunrise
Sandwich
or
Muffin
Yogurt

30TH Pancake
Wrap
Yogurt
or
Breakfast Strudel
Cheese Stick

31ST Cinnamon Roll
Sausage
or
Breakfast Round
Yogurt



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 3/1/2023
www.SquareMeals.org

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MONDAY

TUESDAY

WEDNESDAY

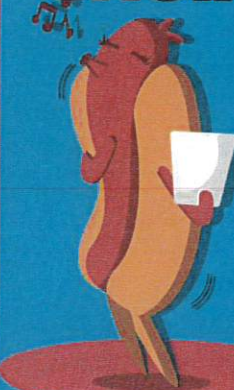
THURSDAY

FRIDAY

MAR

MENU 2023

GEAR UP FOR CHOIR



ANNOUNCEMENTS:

White Milk Served Daily (PreK)

White, Chocolate, and Strawberry Milk Served Daily (K-12)

Fresh Fruit and Juice Served Daily (HS)

* Menu is Subject to Change

6TH Meat & Cheese
Chalupas / Salsa
Spanish Rice (HS)
Corn / Refried Beans
Orange Smiles
Pudding

7TH B-B-Q on a Bun
Fresh Veggie Cup
Oven Fries
Strawberries and Bananas

8TH Pizza
Carrots
Squash
Grapes

9TH Breaded Mozzarella Sticks
Marinara Sauce
Tomato Cup
Garden Salad
Pears

10TH Deli Sandwich
Broccoli
Jicama
Corn Chips
Fruit
Cheese Stick (HS)

13TH
SPRING BREAK

14TH
SPRING BREAK

15TH
SPRING BREAK

16TH
SPRING BREAK

17TH
SPRING BREAK

20TH Cheeseburger
Garden Salad
Sweet Potato Fries
Fresh Seasonal Fruit

21ST Frito Pie
Beans
Fresh Veggie Cup
Chilled Pineapple
Crispy Cereal Treat-K12
Graham Crackers(PreK)

22ND Lasagna
Breadsticks
Broccoli
Tomato Cup
Cinnamon Applesauce

23RD Mexican Combo Plate
Celery
Carrots
Mixed Fruit
Frozen Yogurt Cup

24TH Steak Fingers
Gravy
Savory Green Beans
Corn
Roll
Peaches

27TH Corn Dog
Oven Fries
Tomato Cup
Fruit Cup

28TH Nacho Grande
Beans
Salsa
Cucumbers
Apricots
Ice Cream Cup

29TH Crispy Chicken Sandwich
Chips (HS)
Fresh Veggie Cup
Garden Salad
Fruity Gelatin

30TH Quesadilla
Broccoli
Corn
Mandarin Oranges

31ST Pig in a Blanket
Oven Fries
Tomato Cup
Snowball Salad



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